

**Week 1**

**MENU**

LUNCH

Mediterranean pasta served with cheese

**(Dairy, Gluten)**

Freshly baked biscuit

**(Dairy, Gluten)**

TEA

Burger in a bun with salad

**(Gluten)**

Fruit yogurt

**(Dairy)**

LUNCH

Chicken goujons served with diced potatoes and peas

**(Gluten)**

Fruit yogurt

**(Dairy)**

TEA

Assorted filled sandwiches served with cucumber and crisps

**(Gluten, Dairy, Soya)**

Homemade shortbread

**(Gluten, Dairy)**

LUNCH

Toad in the hole, served with potatoes and mixed vegetables

**(Dairy, Egg, Gluten, Soya)**

Homemade apple cake

**(Dairy, Egg, Gluten)**

TEA

Cheese croissant with vegetable sticks

**(Gluten, Dairy, Egg)**

Fresh fruit

LUNCH

Butter chicken curry served with Bombay potatoes

**(Dairy)**

Fresh fruit

TEA

Homemade ham and vegetable muffins served with salad

**(Gluten, Dairy, Soya)**

Chocolate mousse

**(Dairy, Gelatine)**

LUNCH

Beef cobbler served with potatoes and green beans

**(Gluten, Dairy, Soya)**

Chocolate oaties

**(Dairy, Gluten)**

TEA

Cheese served on crackers with grapes

**(Dairy, Gluten, Egg)**

Sliced melon and pineapple

Friday

Thursday

Wednesday

Monday

Tuesday



**Week 2**

**MENU**

LUNCH

Fish fingers served with cheesy mashed potatoes and baked beans

**(Dairy, Fish, Gluten)**

Selection of Fresh Fruit

TEA

Pizza served with slices of pepper

**(Dairy, Gluten)**

Fairy cake

**(Dairy, Egg, Gluten)**

LUNCH

Sausage pie served with potatoes, peas and gravy

**(Gluten, Dairy, Soya)**

Flapjack

**(Dairy, Gluten)**

TEA

Ploughmans

**(Gluten, Dairy, Egg)**

Chocolate chip cookie

**(Dairy, Egg, Gluten)**

LUNCH

Jacket potatoes filled with beef chilli and grated cheese

**(Dairy, Soya, Gluten)**

Chocolate mousse

**(Dairy, Gelatine)**

TEA

Assorted filled sandwiches served with crisps and salad

**(Dairy, Gluten, Soya)**

Fresh fruit

LUNCH

Chicken in a mushroom sauce, served with new potatoes and baby carrots

**(Soya, Gluten)**

Homemade traybake

**(Dairy, Gluten, Egg)**

TEA

Chicken or cheese filled wholemeal Warburton thins served with salad and crisps

**(Dairy, Gluten, Soya)**

Banana custard

**(Dairy)**

LUNCH

Vegetable pasta bake served with garlic bread

**(Gluten, Dairy)**

Fruit yogurt

**(Dairy)**

TEA

Tomato soup served with bread and butter

**(Dairy, Gluten, Soya)**

Home made cake

**(Dairy, Egg, Gluten)**

Friday

Thursday

Wednesday

Tuesday

Monday



BREAKFAST

A choice of cereals & Toast

(Gluten, Milk)

LUNCH

Homemade Macaroni Cheese served with Broccoli

Apple & Cinnamon Crumble & Custard

TEA

A Selection of Wraps served with Salad Sticks

Fruit Yoghurt

BREAKFAST

A choice of cereals & Toast

(Gluten, Milk)

LUNCH

Roast Chicken served with Roast Potatoes, Carrots, Stuffing & Gravy

Mixed Berry Muffin

TEA

Spaghetti Hoops on Wholemeal Toast

Fresh Fruit Slices

BREAKFAST

A choice of cereals & Toast

(Gluten, Milk)

LUNCH

Homemade Chicken & Autumn Vegetable Stew served with Mashed Potatoes

Mixed Berry Muffins

TEA

Cheesy Jacket Potato served with Cherry Tomatoes & Cucumber Sticks

Chocolate Oat Cake with Banana Slices

BREAKFAST

A choice of cereals & Toast

(Gluten, Milk)

LUNCH

Jacket Potato served with Cheddar Cheese & Baked Beans

Chocolate Mousse

TEA

Ploughman’s Platter served with Cucumber Sticks

Bananas & Custard

Thur



**Week 3**

**MENU**

Friday

Thursday

Wednesday

Tuesday

Monday

LUNCH

Gammon ham served with mashed potatoes and peas

**(Dairy)**

Freshly baked cake

**(Dairy, Egg, Gluten)**

TEA

Spaghetti hoops on toast

**(Gluten, Dairy, Soya)**

Fruit Yoghurt

**(Dairy)**

LUNCH

Sausages served with mashed potatoes, mixed vegetables and gravy

**(Soya, Gluten)**

Fresh Fruit

TEA

Selection of crackers, served with cheese and grapes

**(Gluten, Dairy, Egg)**

Chocolate crispy cake

**(Dairy, Gluten)**

LUNCH

Jacket potatoes filled with cheese and baked beans

**(Dairy)**

Chocolate mousse

**(Dairy, Gelatine)**

TEA

Assorted filled wholemeal Warburton thins, served with crisps and salad

**(Gluten, Dairy, Soya)**

Flapjack

**(Dairy, Gluten)**

LUNCH

Meatballs in a tomato sauce, served with pasta

**(Gluten)**

Fruit yogurt

**(Dairy)**

TEA

Crumpets topped with jam or lemon curd

**(Dairy, Egg, Gluten)**

A selection of fresh Fruit

LUNCH

Fish bites served with croquette potatoes and sweetcorn

**(Dairy, Fish, Gluten)**

Banana Custard

**(Dairy)**

TEA

Tuna or cheese sandwiches served with crisps and salad

**(Fish, Gluten, Dairy, Soya)**

Jelly



Snack MENU

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1**  **am**  **pm** | Fruit  Savoury crackers  ***(Gluten, Egg, Dairy)*** | Fruit  Fruit loaf  ***(Gluten, Dairy, Soya)*** | Fruit  Biscuit  ***(Gluten)*** | Fruit  Rice cake | Fruit  Breadsticks and dips  ***(Gluten, Dairy)*** |
| **Week 2**  **am**  **pm** | Fruit  Biscuit  ***(Gluten)*** | Fruit  Savoury crackers  ***(Gluten, Egg, Dairy)*** | Fruit  Breadsticks and dips  ***(Gluten, Dairy)*** | Fruit  Cheese scone  ***(Gluten, Dairy)*** | Fruit  Rice Cake |
| **Week 3**  **Am**  **pm** | Fruit  Vegetable sticks and cheese dips  ***(Dairy)*** | Fruit  Cheese straws  ***(Gluten, Dairy)*** | Fruit  Rice Cake | Fruit  Biscuit  ***(Gluten)*** | Fruit  Fruit Loaf  ***(Gluten, Dairy, Soya*** |

All snacks are served with milk or water. All food is subject to availability and may be subject to change.